

Client Consent—Microdermabrasion

I, _____, have read the above information and initialed each section to indicate that I fully understand what to expect. If I have any questions or concerns, I will address these with my skin therapist. I give permission to my therapist, _____, to perform the microdermabrasion procedure we have discussed and will hold him/her and his/her staff harmless from any liability that may result from this treatment. I understand he/she will take every precaution to minimize or eliminate negative reactions such as blisters, sores, or other reactions, as much as possible. I have given an accurate account of any over-the-counter or prescription medications that I use regularly and I am not presently using isotretinoin (Accutane). I have not had any facial surgical procedures or other chemical peels or skin treatments that I have not disclosed to my therapist. I am not ingesting or using topically any other over-the-counter product or prescription medication/agent that has not been disclosed to my therapist. I am not presently pregnant or lactating and I am over the age of eighteen (18). I have not had any recent radioactive or chemotherapy treatments, sunburn, windburn, or broken skin. I have not recently waxed or used a depilatory (such as Nair) on the area to be treated. I do not have a history of keloidal scarring, excessive telangiectasia, rosacea, bacterial skin infections, fungal infections, viral infections, open lesions or rashes, active acne, any autoimmune disease, or any other existing condition that may interfere with the positive outcome of this treatment.

I consent to the taking of photographs to monitor treatment effects, as desired or recommended by my therapist.

My expectations are realistic and I understand that the results are not guaranteed.

I agree that I am willing to follow recommendations by my esthetician for home care. I will be responsible for following home regimens that can minimize or eliminate possible negative reactions, including recognizing the importance of adhering to a sunscreen and avoiding the sun/tanning booths and extreme weather conditions. I agree to use a moisturizer specifically recommended by my esthetician and I acknowledge that I have been informed of the possible negative reactions and the expected sequence of the healing process (dryness, irritation, redness, and peeling of the skin). In the event that I may have additional questions or concerns regarding my treatment or suggested home product/post-treatment care, I will consult my therapist immediately.

I understand the potential risks and complications and have chosen to proceed with the treatment after careful consideration of the possibility of both known and unknown risks, complications, and limitations. I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I certify that I have read, and fully understand the above paragraphs and that I have had sufficient opportunity for discussion to have any questions answered.

Client Name (printed) _____

Client Name (signature) _____ Date _____

Esthetician _____ Date _____

MICRODERMABRASION AFTERCARE

Please note it is normal for the treated area to be slightly tender and pink for 1-3 days after the treatment.

Please Remember:

- Do not use **Retin-A, Renova** or any **acid-containing facial creams** for at least 3-5 days after your microdermabrasion treatment. In addition, do not use any harsh cleansers, mechanical cleansing brushes or facial scrubs during this post-treatment period. The use of a mild facial cleanser and a non-acidic moisturizer is permitted.
- It is imperative that you **avoid the sun** while undergoing microdermabrasion treatments. This will help to circumvent hyperpigmentation of the skin. If you must be exposed to the sun, use a mineral-based (titanium dioxide and/or zinc oxide) **SPF of at least 30** and be sure to **reapply every two hours** and wear a wide brim hat to cover your face.
- To reduce possible facial skin irritation, **avoid hot water to the face** and avoid working up a sweat for a day or two after treatment.
- While you will see a brightening and smoothing of the skin with one treatment, please remember that a series of microdermabrasion treatments are needed to see more dramatic results. Daily use of a skin brightening agent as recommended by your Esthetician and regular microdermabrasion treatments will help achieve your facial goals in less time.
- Do not use any other cream to the treated area, unless advised by staff or your doctor.

Please contact our office if you have any questions or concerns regarding your diamond-tip microdermabrasion treatment at 412-720-7062.